



CROSSROADS COUNSELING & CONSULTING ASSOCIATES, PC

Psychiatry, Mental Health and breakthrough TMS Treatment

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PRESCRIPTION MEDICATION INFORMATION

The following is important for you to understand about your prescription medication:

- Please be aware that it is unethical and unsafe for a psychiatrist to prescribe medications without properly evaluating a patient face to face. For the same reason, we also cannot refill your medication without recent and adequate monitoring of your progress.
- In general, the psychiatrist must see you to prescribe or refill medications.
- We will provide telephone refills on a limited basis when you have extenuating circumstances that force you to miss your scheduled appointment. If this happens we can provide one telephone refill each six month period. Please provide the office with 4 days notice. The physicians call in the prescriptions when they are in our office location and have access to the patient's chart. **DO NOT WAIT UNTIL YOU HAVE NO MEDICATION LEFT.**
- Controlled Substance Medication cannot be called in to your pharmacy and requires a written prescription that must be picked up at the office location.
- We can phone in refills only if the psychiatrist has seen you within the prior four to six months depending on your treatment plan.
- A prescription may be phoned in for you after your appointment has been rescheduled, providing you with enough medication to last until your next appointment.
- Before your appointment, review the amount of medication you have remaining and tell the psychiatrist if you are in need of refills. Share your concerns or questions during your regular office visit.
- If you need to call in for a prescription refill, please call us during normal business hours, Monday through Friday, 9am-5pm at extension 0. Be sure to leave your name, telephone number, names of medications needed, dosage, pharmacy name, pharmacy telephone number and the date of your next appointment. If you do not leave the date of your next appointment, the prescription will not be called in. Please remember to call at least four days before running out of your medication.
- Before leaving your appointment, be sure to reschedule your follow-up session so you get a time that best suits your schedule. Also, ensure the supply of medication prescribed will last until the next appointment.

Please make every effort to keep your psychiatric appointment so we can give you the quality service you deserve. If unable to keep appointment, please give us 24-hour notice so that we can utilize that time for someone else in need. Please do remember that we will provide only one telephone refill every six month period.